

SERENE HOLIDAY

WITH

SPORTS PROGRAMME



Saint-Yrieix
LIMOUSIN • PÉRIGORD

SPORTS ACTIVITIES CHARTER:
essential conditions to participate
to « Sports Programme » activities.



Everyone wishing to participate in the proposed activities must be aware that most of these activities require **GOOD PHYSICAL CONDITION**. It is therefore recommended that you talk to the municipal Youth and Sports department staff to ascertain if you are physically capable of participating in the activities.



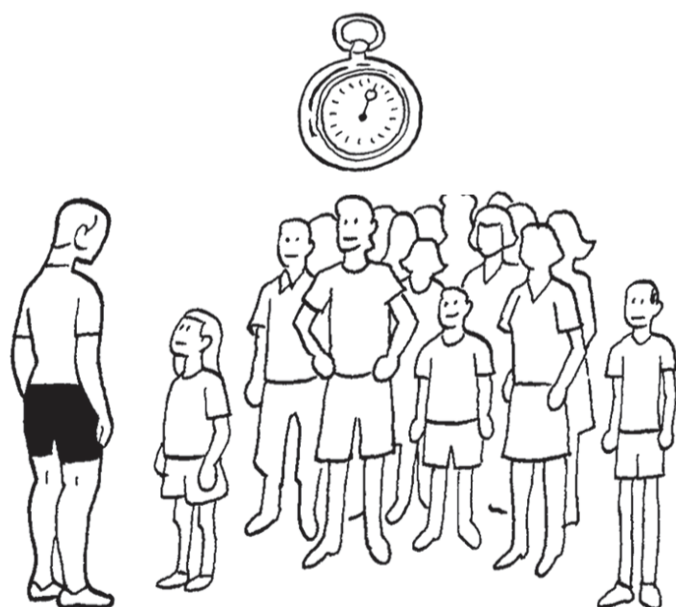
CHILDREN MUST BE ACCOMPANIED.

For children whose parents or legal guardian are absent during activities, a **REGISTRATION FORM WITH PARENTAL AUTHORIZATION** must be completed (form provided by the campsite reception or by the supervisory staff).



KNOWING HOW TO SWIM if participating in nautical activities.

COMPLETE THE FORM provided for this purpose and attesting the possession of a swimming certificate.



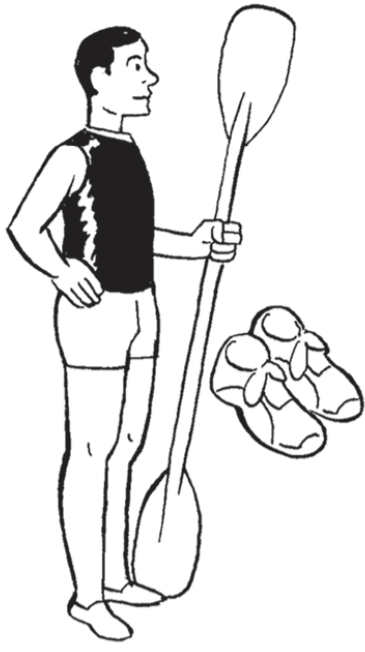
THE DURATION OF ACTIVITIES MAY BE ADAPTED ACCORDING TO attendance, the age of the participant, physical abilities of each participant and weather conditions.



THE STAFF MAY REFUSE ACCESS TO CERTAIN ACTIVITIES:

- to insufficiently prepared persons,
- to persons whose behavior is likely to cause a danger,
- according to the number of participants (maximum number and sufficient supervision).





SWIMWEAR AND ADAPTED SHOES are recommended for water activities.



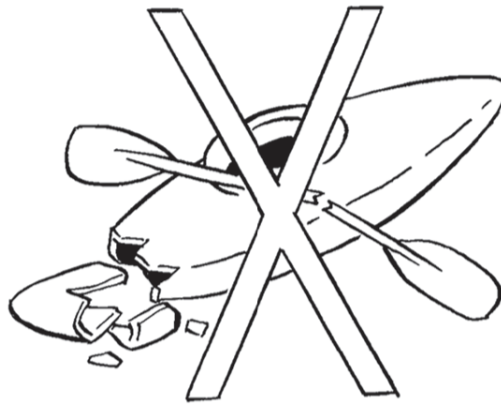
WEARING A LIFE JACKET IS MANDATORY.



It is strongly recommended to **TAKE A SHOWER AFTER WATER ACTIVITIES.**



All participant undertake to scrupulously **RESPECT THE SAFETY INSTRUCTIONS** related to the practice and the use of the equipment made available by the supervisory staff.



All participants undertake to **RETURN THE EQUIPMENT IN GOOD CONDITION** (any damage may result in a financial compensation to cover the loss incurred by the local authority).



All participants undertake to **RESPECT OTHER USERS** of the water sports sites, and in particular anglers, whilst canoeing or kayaking.



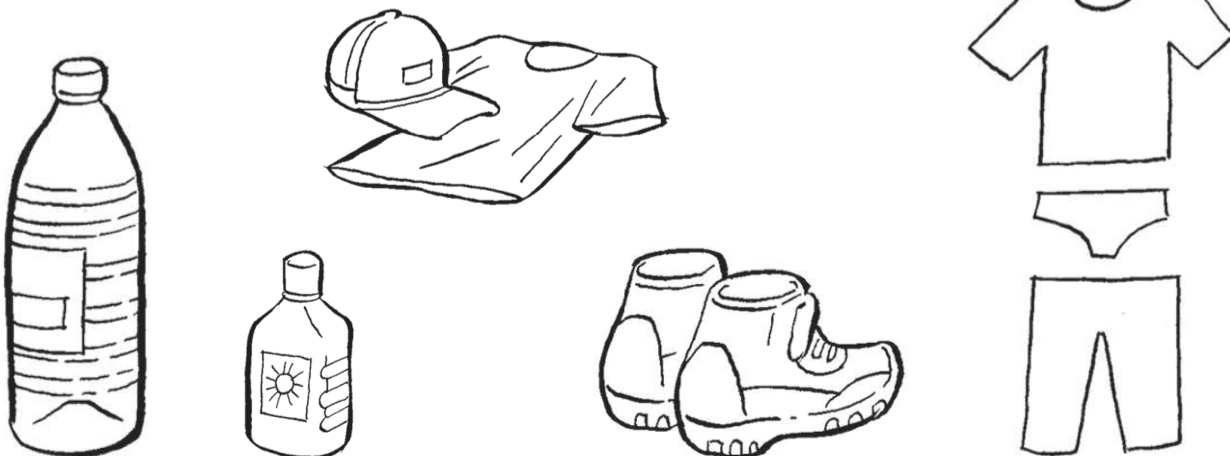
All practitioners undertake to scrupulously **RESPECT THE PLACES OF PRACTICE AND THE ENVIRONMENT** (fauna and flora). Litter must be brought back or thrown into the devices provided for this purpose.



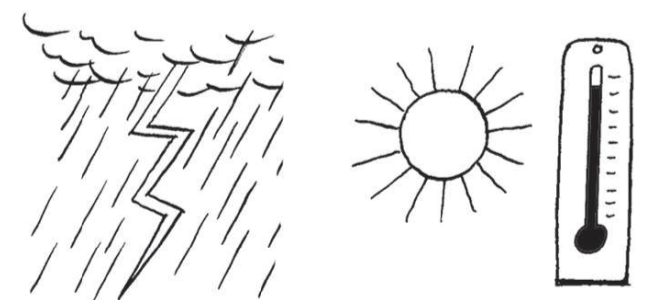
All participants undertake to **RESPECT SCRUPULOUSLY PRIVATE PROPERTIES** crossed or bordering activity sites (hiking, Nordic walking).



All practitioners undertake to be cordial and **RESPECTFUL TO THE SUPERVISORY STAFF.**



For all activities, bring enough water to stay hydrated, sunscreen, a cap and a T-shirt. Bring adapted shoes for hikes and Nordic walking. Bring a change of clothes for water sports.



The municipal Youth and Sports department cannot be held responsible for climatic hazards and reserves the right to cancel at the last moment certain activities due to bad weather conditions.